



## Skill Name: Be Safe

**Introduction:** Today we are going to talk about ways to **Be Safe**.

What are some ways we can **Be Safe**?

Ask students to define what **Being Safe** means. Shape their responses into observable behaviors (e.g. if they say be “nice” ask for examples of being nice that equate to observable skills such as using polite words...)

There are several ways to **Be Safe** to others in the hallway. Here are the key behaviors:

- Always walk, especially on the stairs
- Keep hands, feet, and objects to yourself
- Enter the building quietly
- Stay to the right
- Use handrails going down the stairs

### **Teaching Examples / Non-Examples:**

Demonstrations: I am going to show you some ways to **Be Safe** and some ways to **Be Unsafe**. I want you to watch me and see if you can tell if I am **Being Safe**.

After each example ask the students if you were **Being Safe**. Ask what you might do in stead of during non-examples.

### **Examples / Non-Examples:**

- Demonstrate appropriate hallway behavior by walking into the classroom with a backpack on your back. Continue walking through the classroom without talking to anyone with hands to yourself.
- Describe the scenario in which Johnny is yelling loudly and walking down the stairs.
- Teacher narrates as she walks down the hall, “Oh my classroom is on the left side of the hallway, so I think I’ll just walk on the left side . . . Kaboom! (as teacher bums into another student walking on the correct side of the hallway.)

### **Role Plays:**

Set up a few practice sessions with your students based on the key behaviors for this Houghtaling “B”

**Example:** Have students put on their backpacks and walk down the hallway appropriately without bumping others.

**Non-Example:** Have students pretend to be walking down the stairs not using handrails and skipping stairs so that they fall and collapse at the bottom.

**Student Examples:** Ask students to role play real-life examples and discuss.

**Practice** above skills through the day as appropriate.

Teachers are encouraged to compliment students they see them engaged in appropriate behavior. Use additional activities and lessons to creatively reinforce the above skills.