



## Skill Name: Be Kind

**Introduction:** Today we are going to talk about ways to **Be Kind**.

What are some ways we can **Be Kind**?

Ask students to define what **Being Kind** means. Shape their responses into observable behaviors (e.g. if they say be “nice” ask for examples of being nice that equate to observable skills such as using polite words...)

There are several ways to **Be Kind** to others in the classroom. Here are the key behaviors:

- Use positive words.
- Respect others’ feelings.
- Help your neighbor.
- Share.

### **Teaching Examples / Non-Examples:**

Demonstrations: I am going to show you some ways to **Be Kind** and some ways to **Be Unkind**. I want you to watch me and see if you can tell if I am **Being Kind**.

After each example ask the students if you were **Being Kind**. Ask what you might do in stead of during non-examples.

### **Examples / Non-Examples:**

- Teacher says, “I’m not working in a group with her!”
- Teacher says, “Would you like to borrow my glue?”
- Teacher says, “Your art project looks weird!”
- Teacher says, “You dropped your book, pick it up!”

### **Role Plays:**

Set up a few practice sessions with your students based on the key behaviors for this Houghtaling “B”

**Example:** A student asks for assistance and another student offers to help.

**Non-Example:** A student says, “I’m not sharing anything with you!”

**Student Examples:** Ask students to role play real-life examples and discuss.

**Practice** above skills through the day as appropriate.

Teachers are encouraged to compliment students they see them engaged in appropriate behavior. Use additional activities and lessons to creatively reinforce the above skills.