



Skill Name: Be Kind

Introduction: Today we are going to talk about ways to **Be Kind**.

What are some ways we can **Be Kind**?

Ask students to define what **Being Kind** means. Shape their responses into observable behaviors (e.g. if they say be "nice" ask for examples of being nice that equate to observable skills such as using polite words...)

There are several ways to **Be Kind** to others in the bus line. Here are the key behaviors:

- Offer to help another person.
- Be careful and helpful with younger kids.

Teaching Examples / Non-Examples:

Demonstrations: I am going to show you some ways to **Be Kind** and some ways to **Be Unkind**. I want you to watch me and see if you can tell if I am **Being Kind**.

After each example ask the students if you were **Being Kind**. Ask what you might do in stead of during non-examples.

Examples / Non-Examples:

- You drop all the papers from your hand. Say, "Thank-you for offering to help me pick up my papers."
- You pretend you're walking past a younger student and bump them while saying, "Get out of my way, little kid!"
- Say in a loud voice, "I'm going to fight you in the morning at the bus stop."

Role Plays:

Set up a few practice sessions with your students based on the key behaviors for this Houghtaling "B"

Example: Have a student drop their coat and keep walking. Another student picks it up and returns it.

Non-Example: Have two students pretend to trip over a younger student.

Student Examples: Ask students to role play real-life examples and discuss.

Practice above skills through the day as appropriate.

Teachers are encouraged to compliment students they see them engaged in appropriate behavior. Use additional activities and lessons to creatively reinforce the above skills.