



Skill Name: Be Kind

Introduction: Today we are going to talk about ways to **Be Kind**.

What are some ways we can **Be Kind**?

Ask students to define what **Being Kind** means. Shape their responses into observable behaviors (e.g. if they say be “nice” ask for examples of being nice that equate to observable skills such as using polite words...)

There are several ways to **Be Kind** to others in the bathroom. Here are the key behaviors:

- Allow for privacy of others.
- Keep your hands and feet to yourself.

Teaching Examples / Non-Examples:

Demonstrations: I am going to show you some ways to **Be Kind** and some ways to **Be Unkind**. I want you to watch me and see if you can tell if I am **Being Kind**.

After each example ask the students if you were **Being Kind**. Ask what you might do in stead of during non-examples.

Examples / Non-Examples:

- “Hey, is that you in there, Jessie?? This is me, Bradley. I can see your shoes.”
- As a joke, Karl holds the bathroom door shut. Two-three kids could not get out.

Role Plays:

Set up a few practice sessions with your students based on the key behaviors for this Houghtaling “B”

Example: Nicole hears someone kicking or banging on the stall next to her. She politely asks the kid to stop.

Non-Example: Shawna thinks she sees her friend, Kara, from another class to into the bathroom. She decides to look in ALL the bathroom stalls to see if she can find her.

Student Examples: Ask students to role play real-life examples and discuss.

Practice above skills through the day as appropriate.

Teachers are encouraged to compliment students they see them engaged in appropriate behavior. Use additional activities and lessons to creatively reinforce the above skills.