



## Skill Name: Be Kind

**Introduction:** Today we are going to talk about ways to **Be Kind**.

What are some ways we can **Be Kind**?

Ask students to define what **Being Kind** means. Shape their responses into observable behaviors (e.g. if they say be “nice” ask for examples of being nice that equate to observable skills such as using polite words...)

There are several ways to **Be Kind** to others in an assembly. Here are the key behaviors:

- Sit on your bottom.
- Be a good neighbor.

### **Teaching Examples / Non-Examples:**

Demonstrations: I am going to show you some ways to **Be Kind** and some ways to **Be Unkind**. I want you to watch me and see if you can tell if I am **Being Kind**.

After each example ask the students if you were **Being Kind**. Ask what you might do in stead of during non-examples.

### **Examples / Non-Examples:**

- Describe a situation in which a student is listening to the speaker; she can't see so she sits up on her knees.
- Describe a situation in which a student wants to tell his teacher how much he like the music in the middle of the performance, but he realized other people are trying to hear too, so he waits until the performance is over to comment.

### **Role Plays:**

Set up a few practice sessions with your students based on the key behaviors for this Houghtaling “B”

**Example:** Have a line of students sitting on their bottoms while listening.

**Non-Example:** Be a rude, loud, and disrespectful audience.

**Student Examples:** Ask students to role play real-life examples and discuss.

**Practice** above skills through the day as appropriate.

Teachers are encouraged to compliment students they see them engaged in appropriate behavior. Use additional activities and lessons to creatively reinforce the above skills.